FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20049

OMB APP	ROVAL
OMP Number:	2225 026

OMB Number: 3235-0287
Estimated average burden

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

	ons may conti ion 1(b).	nue. See		Fi							ties Exchanç ompany Act o		934			hour	s per res	sponse:	0.5
	d Address of	Reporting Person*			2.	Issue	r Name a	ınd Tick	er or Tra	ading	Symbol	JI 1940			ationship of all applica Director	able)	ng Pers	()	ssuer
I				3. Date of Earliest Transaction (Month/Day/Year) 03/08/2019								X Officer (give title X Other (specify below) Executive Chairman / Member of 13D Group							
(Street) WOODBURY NY 11797 (City) (State) (Zip)			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person							
				n-Deri	ivativ	e Se	curitie	es Aco	quired	, Dis	sposed of	f, or Ber	neficia	ally	Owned				
1. Title of S	Security (Ins			2. Trans Date (Month/	action	ar) i	2A. Deem Execution f any	ed Date,	3. Transa Code (8)	ction	4. Securitie Disposed C	s Acquired	(A) or	d 5)	5. Amount Securities Beneficiall Owned Fol	y	Form:	nership Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership
		(Month/Day			Code	v	Amount	(A) or (D)	Price	- 1	Reported Transactio (Instr. 3 an	on(s) id 4)			(Instr. 4)				
Class A C	Common St	ock		03/09	9/2019)			М		3,441	A	\$0.00	0(1)	10,5	18	D	(2)(3)	
Class A C	Common St	ock		03/09	9/2019)			F ⁽⁴⁾		1,168	D	\$62.	.39	9,35	50	D	(2)(3)	
Class A C	Common St	ock		03/09	9/2019)			M		3,828	A	\$0.00	0(1)	13,1	78	D	(2)(3)	
Class A C	Common St	ock		03/09	9/2019)			F ⁽⁴⁾		1,602	D	\$62.	.39	11,5	76	D	(2)(3)	
Class A C	Common St	ock													109,2	274	I(3)(5)	By CFD Revocable Trust
			Table II ·								osed of, convertib				wned				
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution curity or Exercise (Month/Day/Year) if any		Date, Transacti					6. Date Exerci Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		S (I	. Price of Perivative Security nstr. 5)	9. Numb derivativ Securitie Beneficie Owned Followin Reported Transact	ve es ially ng d	10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	er		(Instr. 4)			
Restricted Stock Units	(1)	03/08/2019			A		9,485		(6)		03/09/2022	Class A Common Stock	9,48	5	\$0.00	9,48	35	D ⁽²⁾⁽³⁾	
Restricted Stock Units	(1)	03/09/2019			M			3,441	(7)		03/09/2020	Class A Common Stock	3,44	1	(1)	3,44	¥1	D ⁽²⁾⁽³⁾	
Restricted Stock Units	(1)	03/09/2019			M			3,828	(8)		03/09/2021	Class A Common Stock	3,82	8	(1)	7,65	56	D ⁽²⁾⁽³⁾	
	d Address of N CHAR	Reporting Person*																	
(Last)		(First)	(Mid	dle)															

(Last) (First) (Middle) C/O DOLAN FAMILY OFFICE 340 CROSSWAYS PARK DRIVE (Street) WOODBURY NY 11797 (City) (State) (Zip) 1. Name and Address of Reporting Person* DOLAN HELEN A (Last) (First) (Middle) C/O DOLAN FAMILY OFFICE

340 CROSSWAYS PARK DRIVE						
(Street) WOODBURY	NY	11797				
(City)	(State)	(Zip)				

Explanation of Responses:

- 1. Each restricted stock unit is granted under the AMC Networks Inc. 2016 Employee Stock Plan and represents a right to receive one share of Class A Common Stock or the cash equivalent thereof.
- 2. Securities held directly by Mr. Charles F. Dolan and indirectly by his spouse, Mrs. Helen A. Dolan.
- 3. Helen A. Dolan disclaims beneficial ownership of these securities and this report shall not be deemed to be an admission that she is, for the purposes of Section 16 or for any other purpose, the beneficial owner of such securities
- ${\it 4. Securities withheld to pay withholding taxes on vested RSUs exempt under Rule~16b-3.}$
- 5. Charles F. Dolan is a co-trustee and beneficiary of the Charles F. Dolan 2009 Revocable Trust.
- 6. The RSUs are scheduled to vest in three equal installments on March 9, 2020, March 9, 2021, and March 9, 2022, subject to the achievement of certain performance measures.
- 7. Two-thirds of the RSUs vested and were settled on March 9, 2018 and March 9, 2019. The remaining one-third of the RSUs vests on March 9, 2020 subject to the achievement of certain performance measures.
- 8. One-third of the RSUs vested and were settled on March 9, 2019. The remaining two-thirds of the RSUs vest on March 9, 2020 and March 9, 2021 subject to the achievement of certain performance measures.

Remarks:

/s/ Dennis H. Javer, Attorney-03/12/2019 in-Fact for Charles F. Dolan /s/ Dennis H. Javer, Attorney-03/12/2019 in-Fact for Helen A. Dolan

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.