## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

Check this box if no longer subject to Section 16. Form 4 or Form 5

(First)

NY

(State)

1. Name and Address of Reporting Person\*

C/O DOLAN FAMILY OFFICE 340 CROSSWAYS PARK DRIVE

**DOLAN HELEN A** 

(Last)

(Street) WOODBURY

(City)

(Middle)

11797

(Zip)

	tions may con	tinue. See		File							ties Exchan		f 1934			hour	s per res	sponse:	0.5	
1. Name and Address of Reporting Person* 2. Iss							t. Issuer Name <b>and</b> Ticker or Trading Symbol AMC Networks Inc. [ AMCX ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner					
(Last) (First) (Middle) C/O DOLAN FAMILY OFFICE 340 CROSSWAYS PARK DRIVE						Date of Earliest Transaction (Month/Day/Year) 3/07/2014							X Officer (give title X Other (specify below)  Executive Chairman / Member of 13(d)  Group							
(Street) WOODBURY NY 11797					4.	If Ame	endment,	Date	of Origina	of Original Filed (Month/Day/Year)				6. Individual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person  X Form filed by More than One Reporting						
(City)	(	State)	(Zip)												Persor	1				
		Tab	le I - No	n-Deriv	/ativ	e Se	curitie	s Ac	quired	, Dis	sposed o	f, or E	enef	iciall	y Owned	l				_
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						r) E	2A. Deemed Execution Date, f any Month/Day/Year)		3. Transa Code (I				Acquired (A) or (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) o (D)	r Pri	се	Transaction (Instr. 3 au				(111511.4)	
Class A Common Stock 03/10/2					/2014				F <sup>(1)</sup>		10,236	D	\$7	77.13	50,5	517	D	(2)(4)		
Class A Common Stock														1,726		I(3)(4)		By Revocabl Trust	e	
		٦	Table II								osed of, convertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year	3A. Deer Execution if any (Month/E	ned n Date,	4. Transa Code 8)	action	5. Number 6		6. Date Exercis Expiration Date (Month/Day/Ye		sable and e	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	e es ally g	10. Ownersh Form: Direct (D) or Indirec (I) (Instr. 4	Benefic Owners t (Instr. 4	ect ial hip
					Code	v	(A)		Date Exercisa		Expiration Date	Title	or	ount mber ires						
Restricted Stock Units	(5)	03/07/2014			A		5,432		03/12/20	)17	03/12/2017	Class A Commo Stock	5,4	432	\$0	5,43	2	D <sup>(6)</sup>		
	nd Address (	of Reporting Person'	k																	
		(First) IILY OFFICE PARK DRIVE	(Mid	ddle)		_														
(Street) WOODBURY NY 11797			797																	
(City)		(State)	(Zip	))		_														

## **Explanation of Responses:**

- 1. Shares withheld to pay withholding taxes on vested restricted shares exempt under Rule 16b-3.
- 2. Securities held directly by Mr. Charles F. Dolan and indirectly by his spouse, Ms. Helen A. Dolan.
- 3. Charles F. Dolan is the sole trustee and beneficiary of the Charles F. Dolan 2009 Revocable Trust.
- 4. Helen A. Dolan disclaims beneficial ownership of these securities and this report shall not be deemed to be an admission that she is, for the purposes of Section 16 or for any other purpose, the beneficial owner of such securities.
- 5. Each restricted stock unit is granted under the AMC Networks Inc. 2011 Amended and Restated Employee Stock Plan and represents a right to receive one share of Class A Common Stock or the cash equivalent thereof.
- 6. Restricted stock units held directly by Mr. Dolan and indirectly by his spouse, Mrs. Helen A. Dolan. Mrs. Dolan disclaims beneficial ownership of all securities of AMC Networks Inc. beneficially owned or deemed to be beneficially owned by Mr. Dolan (other than securities in which she has a direct pecuniary interest) and this filing shall not be deemed an admission that Ms. Dolan is, for the purposes of Section 16 or for any other purpose, the beneficial owner of such securities.

/s/ Renzo Mori, Attorney-infact for Charles F. Dolan 03/11/2014

/s/ Renzo Mori, Attorney-in-Fact for Helen A. Dolan 03/11/2014

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.